

Fun and adventure

2023 Activities Guide



BLS Lucerne–Bern railway line Schüpfheim–Lucerne 35 km Schüpfheim–Bern 50 km



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Welcome to the UNESCO Biosphere Entlebuch

Whether you're hiking, panning for gold or discovering plants on a themed trail, the UNESCO Biosphere Entlebuch, covering an area of 400 km2, offers adventures for all ages. If you enjoy the great outdoors, this is the place for you: the Entlebuch nature park is rich in natural treasures. Lucerne's «Wild West» features Switzerland's largest and most numerous moor landscapes, striking karst terrain, and a flora and fauna of national and international importance. No wonder UNESCO designated the Entlebuch as Switzerland's first biosphere reserve in 2001.

Come and see for yourself – we look forward to welcoming you!

UNESCO Biosphere Entlebuch Biosphere Centre, 6170 Schüpfheim Tel. +41 (0)41 485 42 50 www.biosphaere.ch, zentrum@biosphaere.ch



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We reserve the right to amend the information in this brochure.





Tips for the UNESCO Biosphere Entlebuch

www.biosphaere.ch

TIP 1 Savurando Entlebuch e-bike treasure hunt

The Savurando gastro-themed treasure hunt takes you into the heart of the UNESCO Biosphere Entlebuch and introduces you to tasty herb-related specialities and local producers by getting you to solve fun riddles.

TIP 2 Schüpfheim roller sports park

Schüpfheim's roller sports park offers very special recreational fun for the whole family and all ages 2 to 102! The park includes a pump track and a skate facility with bowl.

TIP 3 Entlebuch energy experience

This themed footpath features a variety of energies including fire devils and moor spirits. You'll encounter six info platforms, each devoted to an energy source: earth and moore, river and water, light and sun, air and wind, gas and fire, forest and wood.

TIP 4 Romoos: Zyberliland

In search of the mysterious Bärgmandli (little mountain men), parents and children discover the Zyberliland world of adventure in the wild Napf region.





TIP 5 Schüpfheim: Emma Foxtrail

Experience an exciting foxtrail in the Emmental and Entlebuch with the BLS railway. Jim and Lukas are really worried about their locomotive, Emma, and need your help! They join the fox to search for Emma. But watch out, there are hurdles to overcome along the way.

TIP 6 Romoos: Napf gold experience

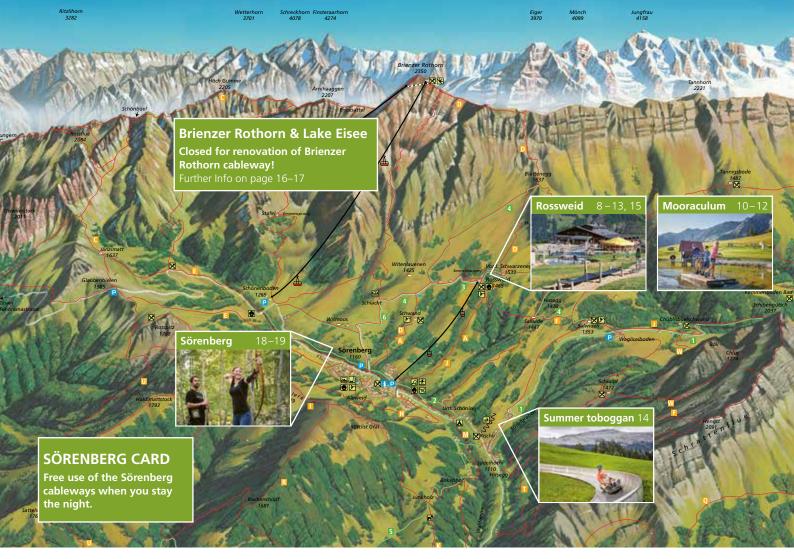
Instructed by gold panner Gsto and his team, gold prospectors set to work with shovel and pan and sift through the gravel in the wild creeks and ditches in the Napf area. If, at the end of the washing out, you see something shiny glinting in the pan, you won't be rich, but you will have had a great day out.

TIP 7 Heiligkreuz: Wurzilla fairytale path

Follow the fairytale path through the forest and listen to the adventures of Wurzilla, a little root child. The tour is about a kilometre and a half long and has places where children can play, including an oversized spider's web and a huge wooden swing in the middle of the forest. Discover the fairy tale trail with exciting puzzles by means of the «Dragon Friend Smartphone Scavenger Hunt Family».

TIP 8 Heiligkreuz: Seelensteg boardwalk

After Storm Lothar passed, traditional exploitation activities were abandoned in a stretch of forest below Heiligkreuz and a 500 m long, slightly elevated boardwalk created instead. This leads through the fairytale blueberry and fern forest, away from the hectic pace of everyday life.





The «Family Destination» seal of quality is awarded to family-friendly holiday destinations like Sörenberg.



Bergbahnen Sörenberg AG

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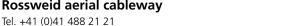
Sörenberg Flühli Tourism Tel. +41 (0)41 488 11 85

Summer season 27 May to 29 October 2023

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Rossweid aerial cableway



Summer season 27 May to 29 October 2023 The cableway to the Rossweid runs daily 8.15 am - 5.15 pm

Visit the Mooraculum world of adventure on the Rossweid More on this on pages 10 - 12

| Prices in CHF | Adults (16 and o | Adults (16 and over) | | 5) |
|--|----------------------------|-------------------------|--------|--------|
| | single | return | single | return |
| Individual price | 15.00 | 24.00 | 7.50 | 12.00 |
| Half-fare/GA/Swiss Travel Pass | 7.50 | 12.00 | | |
| Entlebuch Holiday Pass | 12.00 | 20.00 | 6.00 | 10.00 |
| Groups of 10 or more | 10.00 | 17.00 | 5.00 | 8.50 |
| Groups of 10 or more with Half-Fare/GA travelcard | 5.00 | 8.50 | | |
| Schools, age 6 – 15 | | | 5.00 | 8.50 |
| Dogs | 6.00 | 12.00 | | |
| Scooter / bikeboard with helmet | 12.00 | | 12.00 | |

| Prices in CHF | Adults (16 and over) | Children (age 6–15) |
|--------------------|-------------------------|------------------------|
| Summer season card | 195.00 | 95.00 |

Children travel free with the SBB Junior/Grandchild Card

Rossweid restaurant at alt. 1470 m

Tel. +41 (0)41 488 14 70, rossweid@soerenberg.ch



Opening hours

Monday to Sunday, 8.15 am – 5 pm

The Rossweid restaurant, located in the midst of the high moors, is a fantastic destination for all kinds of reasons. With its various rooms, the restaurant is ideal for celebrations big and small. The Rossweid is easily accessible by cableway, on foot or by mountain bike. Enjoy the views of the Rothorn mountain range from the terrace or explore the Mooraculum, the largest moorland adventure park in the Alps.

Stay a few days! The hotel provides value-for-money accommodation in lovely double or family rooms. Guests in summer receive the SörenbergCard for free travel on the Bergbahnen Sörenberg cableways during their stay.

NEW Zmorge Hit breakfast

Enjoy the early morning calm at the Rossweid. A hearty breakfast will fortify you for a memorable trek across the moor. The offer includes a generous breakfast with bread, croissant, hot drink, fruit juice, jam, butter, cheese and yoghurt. Price per person: CHF 18.00. The Zmorge Hit breakfast is available from 8.15 – 11 am, Monday to Saturday. For reservations, please visit www.soerenberg.ch/zmorge-hit





A natural wonder to discover

There's so much for families with children to discover at the Mooraculum on the Rossweid: ponds with water toys, water swings, climbing installations, a hanging chair forest, picnic spots and much more. The focus is on the mysticism of moorland landscapes. Visitors of all ages learn what a moor is, find out who and what lives there, and experience the landscape with all their senses.

Pushchair friendly: the Sundew Path

This colourful circuit enchants with butterflies, dragonflies and pretty orchids. The blueberry-filled upland moor forest with its gnarled mountain pines transports you to another world. Seventeen activity stations dotted along the path feature information and entertaining games. Incidentally, the Sundew Path takes its name from a carnivorous plant that can survive even in nutrient-poor environments.

For researchers of all ages: Big Moor Circular Trail

This «researchers' tour» for all the family has something for everyone. Its 17 interactive activity stations explain the unique flora and fauna and their amazing survival strategies. Prominent moorland residents tell their own personal stories on moorland telephones – which are powered by manual crank handles. The explorer experience is made even more exciting by having your own explorer's box. And the accompanying Moor Whisperer Pass offers puzzle-based fund for all ages – and a mysterious reward!

Summer season 27 May to 29 October 2023 Monday to Sunday, 8.15 am – 5.15 pm

The Mooraculum adventure park is next to the mountain station and accessed via the Sörenberg–Rossweid aerial cableway. Discover Mooraculum packages (inclusive of cableway trips and more) for the whole family on page 12. Further information: www.mooraculum.ch

TIP Use the Explorer Box and Explorer Handbook to explore the moor.









Mooraculum packages

While entry to the Mooraculum adventure park is free, some great packages include cableway trips, exciting tools for explorers and much more.

Mooraculum Family Pass

Combined offer for the whole family CHF 64.00. Includes return trip by cableway, CHF 10.00 voucher for the Erlebnis-Restaurant Rossweid plus one summer toboggan run per person.

NEW Big Moor Circular Trail Family Package

Package deal for the whole family at CHF 94.00. Includes return trip by cableway, CHF 10 .00 voucher for the Erlebnis-Restaurant Rossweid, Explorer Box (including two Explorer Handbooks) plus one summer to-boggan run per person.

Explorer Box

Explore the mysteries of the moor throughout the adventure park with the Explorer Kit. Box includes Explorer Gadgets and Explorer Handbook for CHF 23.00.

Moor Explorer Pass

Have fun with puzzles at 17 activity stations on the large moorland circuit. Moor Explorer Pass including surprise gift for CHF 5.00.

NEW Söppli's Explorer Orienteering Pass

Orienteering Pass including surprise gift for CHF 6.00. For Söppli's Explorer Orienteering at the Mooraculum adventure playground.

All offers available from the Rossweid mountain station and valley station.

Scooter adventure

Summer season 27 May to 29 October 2023

Summer fun for the young and young at heart! Ride the scooters and bikeboards from the Rossweid (alt. 1470 m) down to Sörenberg village (alt. 1166 m). The 4 km fast-paced descent is the perfect end to a day out on the Rossweid.

| Prices in CHF | Adults (16 and over) | Children (age 6 – 15) |
|---------------------------------|-------------------------|---------------------------------|
| Scooter / bikeboard with helmet | 12.00 | 12.00 |

Yoga on the mountain

Yoga and nature – Weekend well-being programme, relaxed and invigorated. A 1½ hour yoga lesson with a certified yoga instructor on high-quality Airex yoga mats awaits you on the terrace of the Schwarzenegg ski hut. Look forward to energising breathing exercises, gentle stretches, invigorating and creative yoga flows, soothing relaxation exercises, tranquillity and pure mountain air. Every weekend from June to September. For full details and to register, please visit www.soerenberg.ch/yoga







Rischli summer toboggan run

Tel. +41 (0)41 488 02 77

Summer season 10 June to 29 October 2023

Monday to Friday, 1-5 pm, Saturday and Sunday and during July and August 10 am -6 pm. Weather permitting, open at weekends from 27 May 2022.

Boasting a total of twelve bends and a length of 900 metres, the summer toboggan run winds through alpine meadows. Summer fun and entertainment for all the family. A lift pulls you conveniently back up to the starting point.

TIP Look out for the camera trap! The thrilling Rischli summer toboggan run has a camera trap in a fast bend. «Click», and your day out is captured for posterity. There's a photo terminal at the bottom of the run where you can print out the image for CHF 5.00.

| Prices in CHF | Adults (16 and over) | Children* (age 8–15) | Family ticket |
|---------------|-------------------------|-------------------------|---------------|
| 1 go | 7.00 | 6.00 | |
| 5 goes | 28.00 | 22.00 | 25.00 |
| 10 goes | 53.00 | 42.00 | 47.00 |
| 20 goes | 98.00 | 78.00 | 86.00 |

^{*} Children up to the age 8 accompanied by an adult: free.

Opening hours are subject to change at short notice. The run is closed in wet weather for safety reasons.

Adventurous walks - our top tips

Gastronomic circuit

Enjoy a leisurely stroll between courses through the idyllic moorland. The restaurants on the Rossweid-Salwideli-Rischli-Sörenberg circuit each serve a course featuring local ingredients.

TIP Go online to book your cableway ride, a glass of sparkling wine and a 3-course meal for CHF 69.00 at www.soerenberg.ch/gastronomische-rundwanderung

Sörenberg-Kemmeriboden-Bad

From the Rossweid to a meringue treat in the Emmental. A straightforward walk between the Rothorn chain and Schrattenfluh to the Landgasthof Kemmeriboden-Bad for a dessert! Colourful fens and a delightful high moor forest enchant you along the way before you make your way steadily downhill from Salwideli to Kemmeriboden-Bad.

TIP BLS special ticket for CHF 39.00 with cableway ride, a portion of meringue, and the return trip by bus and train to Sörenberg.

Available at the BLS web shop, BLS travel centres, in the bus or at the lower terminus of the Rossweid aerial cableway.







Rothorn Retrofit

Bergbahnen Sörenberg AG is building a new experience for visitors! The cable car from Sörenberg to the Brienzer Rothorn will be closed for renovation work during the 2023 summer season.

Look forward to:

- A large, relaxing piazza in front of the valley station
- A new look, modernised valley station with Biosphere Shop and ski storage room
- A new cable car to the 2,350-metre Brienzer Rothorn complete with beautiful gondola
- A new look, modernised mountain station with comfortable waiting area and Biosphere cinema
- A completely new mountain experience on the highest mountain in Luzern!

TIP: Want to find out how the construction work is progressing? Check it out here: www.soerenberg.ch/projekte

Bergbahnen Sörenberg is already looking forward to welcoming you to an all-new experience on the Brienzer Rothorn in the 2023/24 winter season.





Be inspired right now by the attractions you will experience once again as from summer 2024:

The summit experience

After the cable car ride, walk to the summit to savour the 360-degree panorama – simply unforgettable!

Fishing on Lake Eisee

The shimmering turquoise waters of Lake Eisee are a paradise for keen anglers and nature lovers.

Fototrail Rothorn - sponsored by Raiffeisen

Inspirational photo opportunities on the Brienzer Rothorn, with circular walking trail for outdoor enthusiasts.

Steinbock Trek

What is surely the most beautiful two-day ridge walk of all promises incredible panoramic views and encounters with wildlife.

Sunrise tours to Luzern's highest peak

Experience magical sunrises complete with stunning views – followed by breakfast on the summit.

Fondue chinoise evening on the Brienzer Rothorn

A culinary highlight at 2,350 metres above sea level, including cableway transfer and all-you-can-eat fondue chinoise.

Breathtaking hikes

The Brienzer Rothorn and the Lake Eisee area promise some unforgettable walks.



Tips for Sörenberg and Flühli

www.soerenberg.ch

TIP 1 Sörenberg indoor swimming pool and mini-golf

The Sörenberg pool is popular with all ages in summer. Its outdoor lawn offers both sun and shade. Adjacent to the pool are the mini-golf and a large playground.

TIP 2 Sörenberg mountain pirate treasure hunt

Thrills for all the family! Equipped with satellite navigation, a treasure map and a riddle, the hunt has you criss-crossing Sörenberg. Once you find the treasures, prizes may be claimed from the Hotel GO-IN.

TIP 3 Chessiloch suspension bridge and waterfall

65 metres in length, the Chessimätteli suspension bridge is the longest in the Entlebuch; the views into the Chessiloch Gorge are mesmerising. The Chessiloch waterfall is equally fascinating. Follow the footpath to encounter a sulphur spring and a delightful barbecue spot.

TIP 4 Schwandalpweiher Kneipp facility

Remove your shoes and socks, roll up your trousers and step into the cold 6°C water. Then follow the barefoot path before taking a relaxing break. A dozen different surfaces such as wood, pine cones and various stones stimulate the blood circulation. The crowning finale is a tour of the fragrant herb garden.

TIP 5 Stucki Trekking

Ride on horseback for a half-day or day through the wild west of Lucerne over passes and through winding valleys. End the day with evening campfires and romantic sundowns.

TIP 6 3D archery trail

Ideal for nature lovers who love an outdoor challenge. This 2-hour or so tour along the idyllic circuit has you shooting with bow and arrow at 16 three-dimensional target figures.

TIP 7 Mountain biking and MTB school

Enjoy a leisurely cycle ride through the wilderness, or ride an e-bike from one alpine restaurant to the next – Sörenberg has the ideal tour for everyone. The Sörenberg MTB school has courses for all ages and levels for a safe mountain biking experience!

TIP 8 Flühli golf course

Tee off amid stunning mountain scenery. The 9-hole course in Flühli is definitely worth a visit. The practice area is open to all and includes a driving range, putting green and approach area.

TIP 9 Flower walks

The walks for plant and nature lovers focus on the natural wonders of Sörenberg, from the marshy upland moors and fens to the rugged karst terrain. The botanical diversity around the Rossweid and Schrattenfluh can be experienced with the free Flower Walks app.





Sportbahnen Marbachegg AG

Dorfstrasse 61, 6196 Marbach

Lower terminus Tel. +41 (0)34 493 33 88

Info box Tel. +41 (0)34 493 36 37

www.marbachegg.ch, sportbahnen@marbachegg.ch

Berggasthaus Marbachegg Escholzmatt-Marbach Tourism Tel. + 41 (0)34 493 32 66 Tel. + 41 (0)34 493 38 04

Summer season:

Pre-season: 13 May to 2 June 2023

Thursday, Saturday and Sunday: always open

Monday to Wednesday and Friday: runs in fine weather only

High season: 3 June to 22 October 2023



Marbachegg Bretzeli cableway



8.30 am - 5.30 pm daily (Sunday from 8 am)

Every Thursday evening to the end of September, from 5-8 pm. Only in dry weather; check info on www.marbachegg.ch.

TIP Birthday children ride for free! Supporting documentation required.

| Prices in CHF | Adults | Young people ¹ Pensioners ² | | Children (age 6–1 Half-Far travelca | 5) e/GA | |
|-------------------------|--------|--|--------|--|-------------------|--------|
| | single | return | single | return | single | return |
| Individual price | 18.00 | 26.00 | 15.00 | 20.00 | 9.00 | 13.00 |
| Kemmeriboden round trip | 23.00 | - | 20.00 | - | 13.00 | - |

| Prices in CHF | Adults | Young people ¹ Pensioners ² | Children (age 6–15) |
|--|--------|--|------------------------|
| Summer season card including MTB transport | 300.00 | 240.00 | 180.00 |

¹ (age 16–19), ² persons in receipt of state pension. SBB/CFF/FFS Junior/Grandchild cards accepted.

Group Prices as above; every tenth person rides for free **Extra rides** Flat rate surcharge on the ticket price of CHF 200.00, subject to advance reservation.

Dogs Four-legged companions welcome on the Marbachegg. Canine drinking stations are available at the Berggasthaus Marbachegg. Accommodation: dogs welcome.

Marbachegg Carts

Tel. +41 (0)34 493 33 88

Thrills guaranteed! The three- or four-wheeler carts follow a wooden track across the alpine pastures of Marbachegg. You then have time to enjoy the breathtaking views on the drag lift. This brings you back to the start, safely and conveniently.

TIP Take advantage of the combined ticket offer.

Peak season:

Saturday: noon - 4.30 pmSunday: 10 am - 4.30 pm

Additional times for groups of 10 or more by prior arrangement. Operates every Wednesday, Friday, Saturday and Sunday from noon to 4.30 pm during the summer holidays (8 July to 20 August 2023) and the autumn holidays (30 September to 15 October 2023).

| Prices in CHF | Adults | | Young people ¹ Pensioners ² | | | |
|------------------------------|--------|--------|--|--------|--------|--------|
| | single | return | single | return | single | return |
| Cableway ride & 2 cart rides | 26.00 | 32.00 | 23.00 | 26.00 | 17.00 | 19.00 |
| Single trip | 5.00 | | 5.00 | | 5.00 | |
| 5-trip subscription | 23.00 | | 23.00 | | 23.00 | |
| 10-trip subscription | 45.00 | | 45.00 | | 45.00 | |

¹ (age 16–19), ² persons in receipt of state pension. Children to age 11 only if accompanied by an adult. Operation only in dry weather for safety reasons.



Paragliding/hang gliding

Marbach is a mecca for paragliding and hang-gliding. The launch site is located in the immediate vicinity of the upper cableway terminus. The Marbach Flying School (led by Ruedi Moser, cert. flight instructor SHV) offers training and professionalisation courses. Enjoy the mountain world from the perspective of our native golden eagles with a passenger flight. A flight voucher, the special gift for your friends! Short flight (gliding descent): CHF 140.00, long flight (chasing thermals): CHF 190.00.

Contact Tel. +41 (0)79 351 81 71 www.gleitschirmfliegen.ch, info@fs-marbach.ch

Special tickets for paragliding (not including landing tax)

| Prices in CHF | Adults |
|------------------------|--------|
| Paragliding day ticket | 35.00 |
| 10-trip paragliding | 136.00 |
| Summer season card | 300.00 |





Marbachegg Clientis flow trail

The Marbachegg Clientis flow trail is a 4 km long varied descent from Marbachegg to Marbach. The trail boasts many playful elements. MTB'ers of all ages are equally enthusiastic about its varied challenges. Difficult passages are signposted and can be bypassed.

| Prices in CHF including MTB transport | Adults Young people ¹ Pensioners ² | Children (age 6–15) | Family 1 parent | Family 2 parents |
|---|--|------------------------|--------------------|---------------------|
| Day ticket | 41.00 | 23.00 | 76.00 | 99.00 |
| 2-hour ticket | 28.00 | 17.00 | | |

¹ (age 16–19) ² persons in receipt of state pension.

Marbachegg CKW jump trail

Spectacular jumps for experienced MTB'ers! Sportbahnen Marbachegg have joined forces with the Flying Metal Crew to create a trail in challenging terrain aimed at advanced riders. The kilometre-long jump line winds its way along the sunny side of the Marbachegg, from the upper terminus via the Schafport down to the drag lift, which takes the cyclists back up again. All jumps are tables and rollable to make best use of the airtime. In addition, optional jumps and transfers are provided for advanced MTB'ers.

Marbachegg MTB school

Find courses on www.marbachegg.ch and improve your skills under the instruction of our bike guides.

TIP Weather permitting, the facility is open longer on Thursday evenings – see page 22.



Berggasthaus Marbachegg



Tel. +41 (0)34 493 32 66, berggasthaus@marbachegg.ch

Enjoy the breathtaking vista on the terrace with views of the imposing Schrattenfluh, the striking Hohgant and the snow-covered Bernese Alps. The cosy restaurant serves tasty, local and inexpensive meals for every palate, as well as specialities such as Heisse Stei (hot stone frying), cordon bleu and fondue chinoise buffets and, on Sundays in summer, the widely popular Älplerzmorgen herdsmen's breakfast.

TIP Start the day with a sumptuous Bergzmorgen-Buffet (alpine buffet breakfast) before setting off on a hike, action-packed MTB tour or return journey home via Marbach on the Bretzeli cableway. Monday to Saturday, 8.45 – 11 am.

Spend the night at alt. 1500 m.

Spend more time enjoying the Marbachegg's peace and panoramic views than the day visitor. Fresh air, peace and quiet, sleeping at alt. 1500 m surrounded by the fascinating mountain world – the Berggasthaus Marbachegg offers simple yet cosy single, double and four-bed rooms – a total of 16 beds plus the 8-bed holiday apartment. Available for groups are two dormitories, each with 16 sleeping berths. Guests benefit from attractive accommodation offers. On request, we can supply you with a package that includes the cableway rides and MTB day tickets.

Picnic baskets

Enjoy carefree hours on the mountain. Savour a picnic under a blue sky, surrounded by enchanting nature. We fill a picnic basket for you with tasty products from our region. Three baskets are available for you to choose from: the Marbacher Waldfest, the Marbachegg and the Romantik. Prior reservation at the Berggasthaus Marbachegg is required.

Bretzeli photo orienteering map with panoramic views

Equipped with this orienteering map, families set off to explore the Marbachegg. The trail leads down to the little lake through secluded woods, with two barbecue spots along the way. There's a little gift – available at the cableway termini – for those who find all 10 points and correctly mark them on the map.

TIP Discover the package deal for families and experience an entertaining day out in the great outdoors. Includes a visit to Kambly in Trubschachen, a family lunch on the Marbachegg and fun with the Bretzeli photo orienteering map.







Tips for Escholzmatt-Marbach

www.escholzmatt-marbach-tourismus.ch

TIP 1 Napf Heart Loop

The second stage of the famous «Napf Heart Loop» leads through Escholzmatt. No fewer than 99 bends convey you downhill to Escholzmatt, and after a short stop-off in the village, you'll be whizzing uphill again. Ride a Flyer e-bike to enjoy wending your way through this Eldorado of ups and downs.

TIP 2 Lourdes grotto in Marbach

The grotto is a much-visited, much-liked place of power where you can find peace and relaxation throughout the week. An easy stroll past 14 Stations of the Cross takes you from the church to the grotto in about 15 minutes.

TIP 3 Mountain forest "bathing" in the Hilfern valley

«Forest bathing» entails switching off your mental merry-goround and tapping into the immense energy of the Entlebuch mountain forest. A guided walk through the forest helps you slow down and unwind in readiness for the creation of something new. Guided by the biosphere's first «forest bathing master», immerse yourself in the Entlebuch forest and recharge your batteries.

TIP 4 Open-air stargazing – from a bed on the Marbachegg

Reclining on a delightfully soft and warm bed of fresh, organic Lochsitli hay, enjoy the uninterrupted sight of the night sky. With luck, you could even wish on a shower of shooting stars!

TIP 5 Leisurely hike, followed by a beer

Breathe in the scent of malt and yeast as you immerse yourself in the traditional craftsmanship of the brewery. Before you do so, enjoy a fine lunch on the Marbachegg followed by a leisurely stroll to the Brauerei Hohgant.

TIP 6 Marbach adventure path

Experience the story of the three birds Mar, Sol and Lou on this two-hour adventure path through nature. 20 stations with interactive activities invite you to discover, marvel and puzzle your way from the mountain dairy to the Schangnau Farm.

TIP 7 FoodTrail in Marbach

Follow the tracks of the water buffalo and discover the idyllic village from its gastronomic side. The food-oriented scavenger hunt has you sampling regional products, discovering producers and experiencing the delightful scenery with the help of riddles and hints.

TIP 8 Escholzmatt geo path

A three-hour, well-signposted circuit offers insights into the geology and geomorphology of the area. Along the way, four interpretation panels explain the folding of the Alps, the geology, the molasse, the ice ages and the landscape forms.

TIP 9 Marbach outdoor fondue

Equipped with a prepacked backpack, discover Marbach or the Marbachegg on foot and enjoy a mouthwatering fondue with a glass of white wine at your preferred spot. Available on pre-order from the Hotel Sporting Marbach.

